



Keep Your Motion with Simplify[®] Disc

Simplify Cervical Artificial Disc is designed to treat cervical degenerative disc disease, so you can get back to living your life.

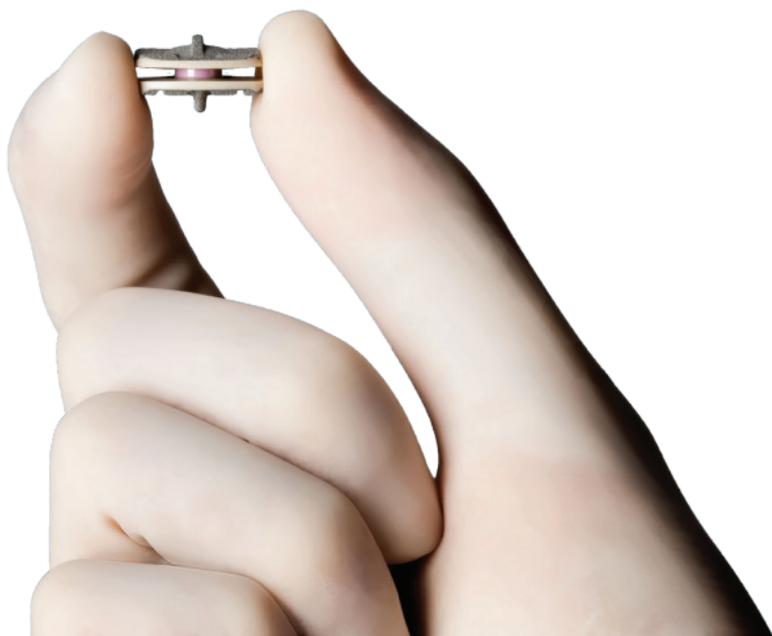
It's Hard to Live in Pain

Is Cervical Disc Replacement Right for You?

Cervical degenerative disc disease (DDD) occurs when one or more of the discs between the vertebrae (small bones that form the spinal column) begins to wear, which may cause pain, tingling, numbness, and/or weakness in the neck and arms.

If you've been diagnosed with or are experiencing the pain and unwanted effects of cervical DDD, cervical disc replacement with an artificial disc like Simplify Disc might be right for you. Please speak to your doctor to understand the benefits and risks of the Simplify Cervical Artificial Disc procedure. Your doctor will tell you if you are a candidate or not.

For more information about cervical disc disease, treatment options, and Simplify Cervical Artificial Disc, please visit: www.simplifymedical.com/patients





Why Simplify Disc?

→ Simplify's Design

Simplify Cervical Artificial Disc was designed to preserve motion and minimize symptoms. It may help you to return to your normal activities.

Simplify Cervical Artificial Disc's low height options are designed to more closely fit the healthy disc space, preserve motion and minimize symptoms.

→ Simplify's Materials

Simplify Disc's material combination of PEEK (medical-grade plastic) endplates with a ceramic core is nickel-free. These materials allow for imaging after surgery using an MRI* (magnetic resonance imaging).

**MR Conditional per ASTM F2503*

Indications: The Simplify Disc is a cervical artificial disc used for disc replacement. The disc is used in patients with cervical disc degeneration at one disc space. This degeneration may cause pain, numbness, or tingling. A doctor may recommend Simplify Disc surgery based on your symptoms as confirmed by X-rays, CT and/or MRI. Your doctor will tell you if you are a candidate for this procedure. You will likely be treated non-surgically first. This often includes rest, physical therapy, and injections. If your treatments do not provide relief after 6 weeks or your symptoms get a lot worse before 6 weeks, your doctor may suggest artificial disc replacement.

Warnings: Simplify Disc should only be used by experienced doctors who have been trained in the use of Simplify Disc. The use of Simplify Disc may cause serious or fatal bleeding and risks of neurological damage and/or injury to nearby organs. There is a risk of extra bone growth which could lead to reduced cervical motion or fusion at the treated disc space or disc spaces next to your implant.

Risks: Potential complications associated with the use of Simplify Disc include, but are not limited to, those commonly associated with any surgery, specific to anterior cervical surgery, and cervical artificial discs, including Simplify Disc, including arm numbness, weakness or tingling; injury to surgery site area, including the nerves, blood vessels, and spinal cord; hoarseness or problems with swallowing; infection; development of pain at the surgery disc space, allergic reaction to implanted materials, and development of poor stability at the surgery disc space or other cervical disc spaces. The surgical procedure may not be effective in relieving your symptoms. It is possible your symptoms could worsen. There may be a need for additional surgery. This is not a full list of risks and there may be other risks with treatment using the Simplify Disc.

Who Should Not Receive the Simplify Disc: Simplify Disc should not be implanted in patients with the following conditions: Active infection; Osteoporosis/osteopenia; Known allergy to implant materials including PEEK, ceramic or titanium; Severe facet disease or facet degeneration; Bridging bone between bones in the spine; Cervical spine is not stable enough as shown by X-rays; and an unnatural shape (deformity) at the level of the surgery, and diseases affecting the spine such as rheumatoid arthritis or ankylosing spondylitis.

Always talk to your doctor with questions about your neck pain and treatment options. For additional safety information refer to www.ifu.simplifymedical.com.



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